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Aalok Mehta

Dear Friends, World Disabled Day is observed every year on 3 December. Also known as "International Day of Persons with Disabilities", the day aims to promote an awareness of disability issues and the fundamental rights of persons with disabilities. It is important to integrate disabled persons in the main stream of society. Disabled persons are often discriminated against and that is never an ideal condition. Society must take adequate steps to involve persons with disabilities in the main stream of each aspect of the social, political, economic and cultural status of their communities. It seeks to increase awareness of gains to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life. It is essential to inculcate confidence in disabled persons in their own abilities to lead self-dependent lives. World Disabled Day provides an opportunity